



# ePost Graduate Program in Public Health Nutrition

## eLearning Program

Course Duration: One Year

Offered by: Indian Institute of Public Health-Delhi

# ePost Graduate Program in Public Health Nutrition



## OVERVIEW

PHFI's intensive one year eLearning program is focused on providing comprehensive training in Public Health Nutrition (PHN) in a global setting coupled with an exposure to a number of topics and in a range of contexts.

## BACKGROUND

Population based approaches have been the mainstay of research in the field of nutrition for decades. However, in an age of growing health consciousness and fitness, public health nutrition (PHN) workforce development is increasingly becoming a global focus. In an effort to provide direction to nutrition research in the country and with the objective of contributing towards training future leaders in the field of nutrition, the Public Health Foundation of India (PHFI) launched a post graduate program in PHN in the year 2010 for the benefit of all stakeholders. Its debut was met with unprecedented success and positive feedback and it is well posed on the academic and knowledge sharing landscape.

## COURSE DESIGN AND DURATION

Designed as a one year ePost Graduate program, the course focuses on the following:

- Fundamentals of food science and nutrition
- Food safety, health promotion and nutrition education
- Nutrition policy and program planning, community based nutrition interventions/ innovations
- Nutrition epidemiology and research methods

## ELIGIBILITY

- The course is open to the following candidates:
- Graduates in all disciplines, especially public health, nutrition and medicine
- Paramedical personnel, including nurses, social workers, public health educators and health assistants
- Researchers from nutrition and allied fields, including clinicians involved in nutrition research
- Nutrition program related practitioners in the public and private sectors

Eligible candidates would be screened, based on their application and statement of purpose, by a specially constituted selection committee. Decisions taken by the selection committee will be final. Preference will be given to inservice candidates from the central and state governments.

## COURSE OUTLINE

This program aims to provide comprehensive training in public health nutrition in a global setting with the choice of specializing

in number of topics and in a range of contexts. It provides an integrated program covering dietary, epidemiological, public health, social and biological aspects of nutritional science. Special topics include biostatistics, maternal and child nutrition, food policy, nutrition program planning, monitoring and evaluation and nutritional epidemiology. This course is particularly suitable for people whose employment overlaps the nutritional area such as program managers, health care workers, medical practitioners, dieticians, pharmacists, nurses, health educators and teachers. This course is also open for those who wish to avail themselves of contemporary ideas in human nutrition.

## TEACHING & COURSE DELIVERY METHODOLOGY

The course is delivered in the online mode / format via LMS, i.e. through a mixture of recorded and live eLearning sessions conducted by faculty members with students logging in from their location. The online module pdf is provided along with online lectures (pre-recorded sessions using power-point presentations), supplemented with reference readings.

## SYSTEM REQUIREMENTS

- **Internet Bandwidth:** 1 Mbps
- **Processor:** Intel Pentium 4 or equivalent and above
- **RAM:** 512 MB and above (1 GB recommended)
- **Supported browsers:** Recent-Google Chrome, Mozilla, Safari, Internet Explorer and Microsoft Edge
- **Supported Operating Systems:** Windows 7 or higher with latest updates installed, Mac OS X 10.3 higher with latest updates installed, Linux and Android etc.
- **Headset with microphone** (web camera - optional)

## EVALUATION

Students will be evaluated through a combination of individual online module assessments and a Final online Examination at the end of year.

## COURSE FEE

| Candidates                     | Course Fee     |
|--------------------------------|----------------|
| Indian Nationals               | ₹ 36,000 (INR) |
| South Asian Nationals          | \$ 600 (USD)   |
| Other International Candidates | \$ 1,200 (USD) |

For queries, contact:

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