alive&thrive
nourish. nurture. grow.

IIPH
INDIAN
INSTITUTE
of PUBLIC
HEALTH
ESTABLISHED BY PHFI
DELHI

WeCan
WE COLLABORATE
FOR NUTRITION

MATERNAL, INFANT, YOUNG CHILD AND ADOLESCENT NUTRITION

eLearning Course

OFFERED BY
Indian Institute of Public Health-Delhi
Public Health Foundation of India

Partners

INDIAN SOCIETY OF
PERINATOLOGY AND REPRODUCTIVE BIOLOGY
"A Bright Future Begins Here"

IAPSM
Indian Association of
Preventive & Social Medicine

The Human Milk Bank

NUTRITION
INTERNATIONAL

THE **COURSE**

Undernutrition affects mothers and children alike, leading to poor health outcomes among mothers, as well as substantial morbidity and mortality among children. Malnutrition has an intergenerational effect and can continue to be a significant scourge, if ignored.

A critical component towards improving this situation is the knowledge of healthcare providers including medical practitioners, undergraduate and postgraduate students, nursing staff, nutritionists as well as all those working in the field of health and nutrition in optimal Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN) and the translation of this knowledge into practice.

The Indian Institute of Public Health Delhi (IIPH Delhi), the Public Health Foundation of India, in collaboration with Alive & Thrive and WeCan with contributions from Food, Drugs and Medico-Surgical Equipment Committee of FOGSI, Indian Academy of Pediatrics (IAP-IYCF Chapter), Indian Society of Perinatology and Reproductive Biology (ISOPARB), Human Milk Banking Association, Indian Association of Preventive and Social Medicine (IAPSM) and Nutrition International developed an eLearning course on Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN). This course would sensitize participants on the importance of first 1000 days of life with specific emphasis on the critical importance of maternal nutrition, breastfeeding, complementary feeding, adolescent nutrition, health systems protocols and evidence-based approaches for quality MIYCAN programming.

WHO SHOULD **ATTEND?**

The course is open (including but not limited) for:

- **Clinical practitioners***
- **Nursing staff**
- **Undergraduate and post graduate medical*, nursing and public health students**
- **Public health professionals working in health systems and other public health agencies**

* For medical graduates, it is mandatory to upload a soft copy of MBBS registration certificate or other relevant document with registration number along with application form.

** course is open for Indian nationals only

COURSE DESIGN AND **DURATION**

The course has been designed to be completed within 4 months**.** It would be an eLearning online program, largely self-taught and complemented with online lectures/videos and resources for additional reading.

COURSE **CONTENTS**

This eLearning course will cover the following topics pertaining to maternal, infant, young child and adolescent nutrition:

- Overview and importance of MIYCN- linkages of MIYCN with SDGs
- Nutrition during adolescence
- Maternal nutrition
- Infant and young child nutrition
- Counselling to improve the nutrition practices
- Health systems for delivering nutrition services

COURSE **FEE**

INR 2000

ADMISSION **PROCESS**

Candidates can apply to through *https://cdl.phfi.org/portal/*

Eligible candidates will be screened objectively, based on their academic qualifications and experience, by screening committee of the IIPH Delhi.

TEACHING **METHODOLOGY**

The course will be delivered through an interactive web-based platform and will utilize a blended online teaching/learning technique. The basic course structure includes a combination of interactive online computer-based sessions, online virtual lectures, assessments and recommended readings such as journal articles and text books in a modular online format.

EVALUATION AND AWARD OF ONLINE **CERTIFICATE AND CREDITS**

This will be a 12 credit* modular course. Students will be evaluated online at the end of each module as well as through a final online examination at the end of the course. The final online certificate will be awarded only to the students who successfully complete the course and clear all the course requirements.

* 12 ICOG-FOGSI credit points will be awarded at the end of the course to FOGSI members

SYSTEM **REQUIREMENTS**

- **Internet bandwidth:**   1 Mbps
- **Processor:**   Intel pentium 4 or equivalent and above
- **RAM:**   512 MB and above (1 GB recommended)
- **Supported browsers:**   Recent-Google Chrome, Mozilla, Safari, Internet Explorer and Microsoft Edge
- **Supported operating systems:**   Windows 7 or higher with latest updates installed, Mac OS X 10.3 higher with latest updates installed, Linux and Android etc.
- **Headset with microphone**   (web camera - optional)

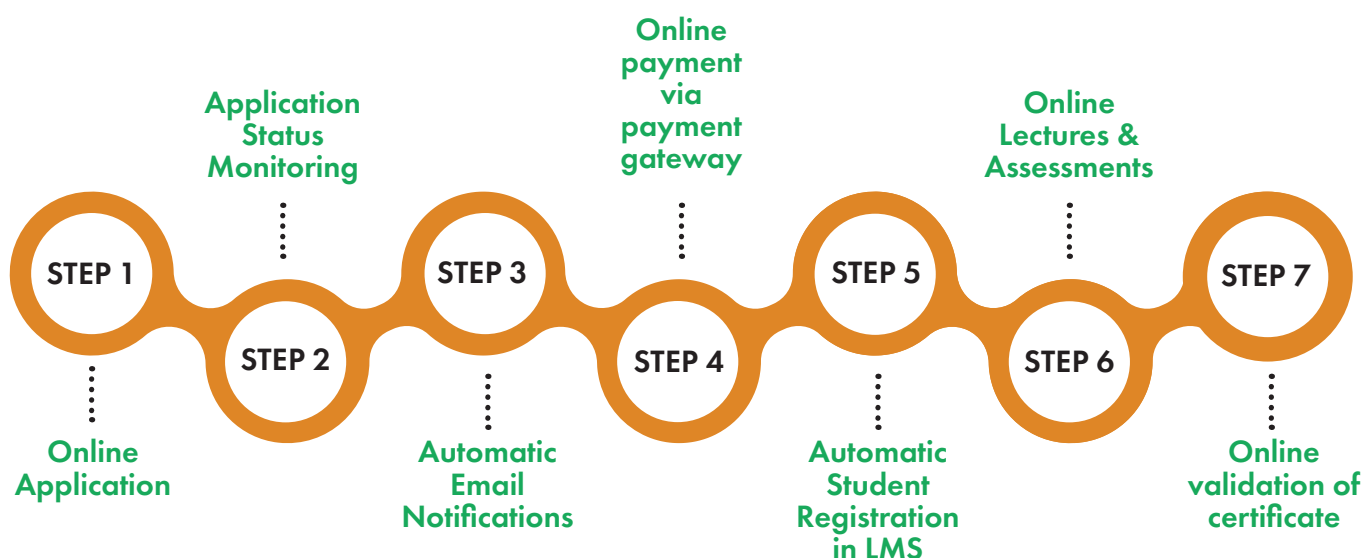## Unique Features of PHFI Centre for eLearning

- State-of-the-art learning management system
- Multidisciplinary faculty
- Self-paced learning
- Competency-driven curriculum
- Enriching virtual classroom experience
- Collaboratively developed programs with national and international organizations
- Wide range of programs in key areas of public health practice

Other eLearning programs offered by PHFI
Details are available on our website
https://cdl.phfi.org/portal/courses

Application Status Monitoring

Online payment via payment gateway

Online Lectures & Assessments

STEP 1   STEP 3   STEP 5   STEP 7

STEP 2   STEP 4   STEP 6

Online Application

Automatic Email Notifications

Automatic Student Registration in LMS

Online validation of certificate