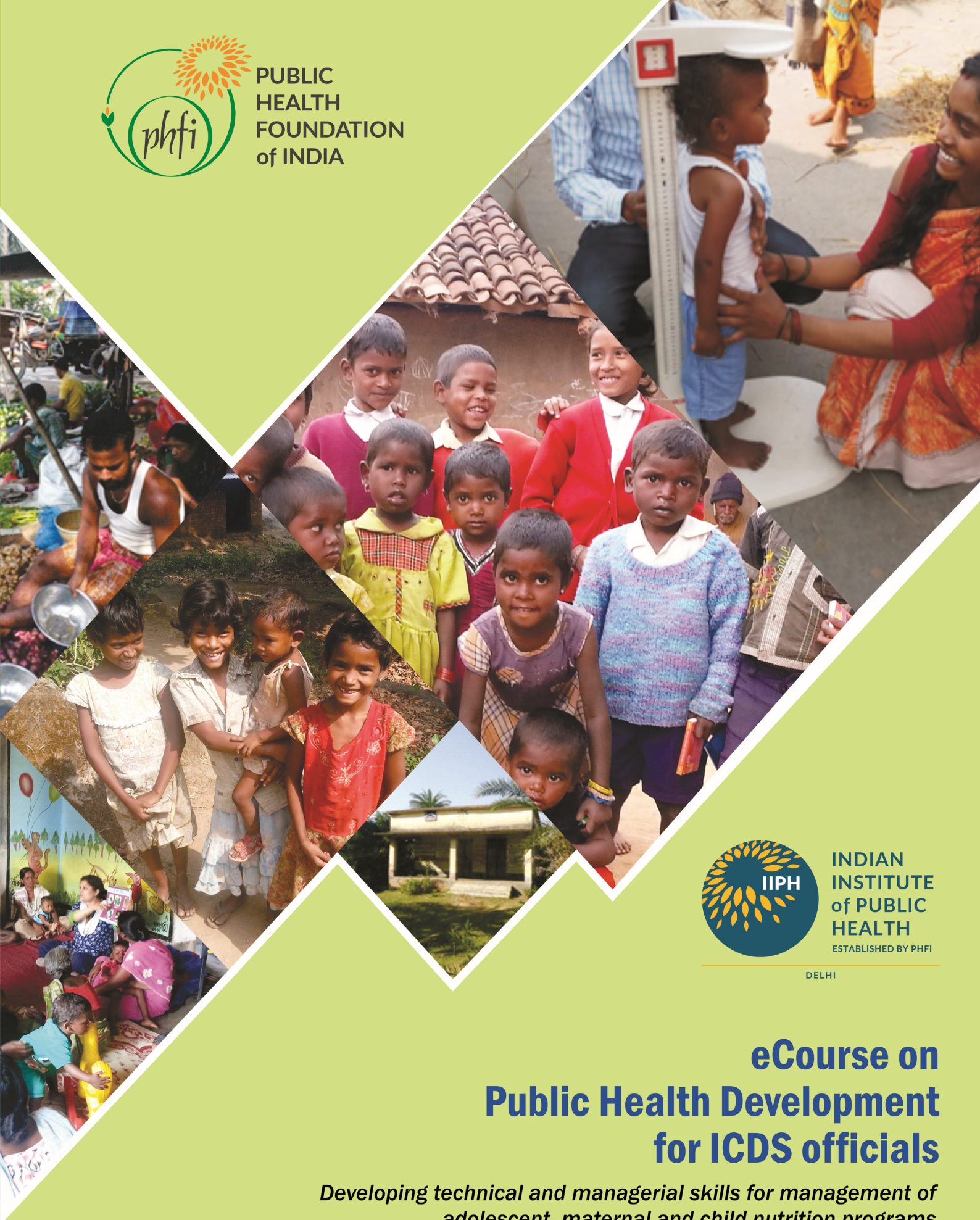




PUBLIC
HEALTH
FOUNDATION
of INDIA



INDIAN
INSTITUTE
of PUBLIC
HEALTH
ESTABLISHED BY PHFI

DELHI

eCourse on Public Health Development for ICDS officials

*Developing technical and managerial skills for management of
adolescent, maternal and child nutrition programs*

eLearning Course

Offered by: Indian Institute of Public Health-Delhi, Public Health Foundation of India

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Background

Malnutrition in India has been called 'The Silent Emergency'. The proportion of undernutrition among children and women in India is one of the highest in the world. In spite of unprecedented economic growth, improvements in childhood nutritional status in India over the last decade has been slow. Suboptimal infant and young child feeding practices in particular continue to be a serious challenge to reducing malnutrition among children. High rates of maternal undernutrition measured by low body mass index and anaemia adversely affect the health and survival of mothers and newborns. Further, chronic malnutrition in early years of life is responsible for widespread stunting and adverse health and social consequences throughout the lifespan. Community-based approaches have been the mainstay of interventions to address the problem of maternal and child malnutrition in developing societies. Community based care delivered through health care workers like anganwadi workers, (AWW), auxiliary nurse midwives (ANM) and accredited social health activists (ASHA), can have a vital impact on maternal and child health and nutritional status. However, there is an urgent need to facilitate proper training and handholding of frontline workers, their supervisors and their managers to empower them with knowledge, appropriate skills and motivation to serve the community.

In pursuance to national policy for children in India, ICDS (Integrated Child Development Services) under the Ministry of Women and Child Development was launched in 1975. With its workforce of anganwadi workers (AWW), ICDS is a comprehensive scheme of Government of India and aims at enhancing survival and development of children. In spite of a well conceptualized program, systematic weaknesses, logistical gaps, resource scarcity, and poor utilization continue to hamper progress and affect the outcome of the program.

This eLearning program aims to update current knowledge, strengthen the technical capacity on reproductive and child health nutrition and enhance the managerial skills of the service providers and officials working under the ICDS program.

Course Objective

By the end of this course, the participants will be able to

1. Develop an understanding of core strategies in implementation of ICDS program in India.
2. Develop a sound knowledge base on core principles of adolescent, maternal and child nutrition.
3. Acquire technical skills on screening, detection, management and prevention of undernutrition in adolescents, women in the reproductive age group and children.
4. Develop counselling skills and sound understanding of social and behaviour change communication in order to bring about change in health and nutrition practices in the community.
5. Develop core competencies in planning, management, monitoring and evaluation of nutrition programs.

Course Design & Duration

The course is designed as a six months program. It is an interactive eLearning computer based program, self-taught, complemented with online lectures, exercises and comprehensive list of reference materials. The sessions will be delivered in synchronous and asynchronous mode. There will be a discussion forum to let ideas flow between participants to enable enhanced learning. The official language of course instructions will be in English.

Eligibility

The course is open to:

Applicants currently engaged with Ministry of Women and Child Development, State departments of women and child development and specifically working with the Integrated Child Development Services (ICDS). Eligible candidates will be screened by a selection committee based on their application and statement of purpose. The decision of selection committee will be final.

Course Fee

The fee for the course is INR 18,000/- per participant (inclusive of complimentary reading material).

Teaching and Training Methodology

We shall be using a web based online platform. The course will be delivered in the eLearning mode, i.e. through a mixture of recorded and live interactive sessions that will be conducted by faculty members with students logging in from their location. The greatest advantage of eLearning is that students can learn at their own pace. The offline components of the course (a written manual) will be complemented by online lectures (online sessions using power-point presentations).

Course Evaluation

Participants will be evaluated at the end of each module using online multiple choice questions (MCQs) based examination. Final online certificate will be awarded only to those participants who successfully complete the course and clear all the course requirements.

System Requirements

- **Internet Bandwidth:** 1 Mbps
- **Processor:** Intel Pentium 4 or equivalent and above
- **RAM:** 512 MB and above (1 GB recommended)
- **Supported browsers:** latest Google Chrome, latest Mozilla Firefox, Safari 6, Internet Explorer 9
- **Latest Adobe Flash Player**
- **Supported Operating Systems:** Windows XP, vista, windows 7 or above, Mac OS, Linuz, iOS & Android etc.
- Headset with microphone (web camera – optional)

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Course Modules

The basic course structure will follow module-based learning. The entire course is divided into seven modules. The name of the modules are as follows:

- **Module 1** Integrated Child Development Services
- **Module 2** Principles of nutrition and nutritional requirements (adolescent, maternal and child nutrition)
- **Module 3** Social and Behaviour Change Communication (SBCC) for nutrition
- **Module 4** Malnutrition in adolescents, women and children
- **Module 5** Prevention and management of malnutrition in adolescents, women and children
- **Module 6** Micronutrient malnutrition
- **Module 7** Management of nutrition programs

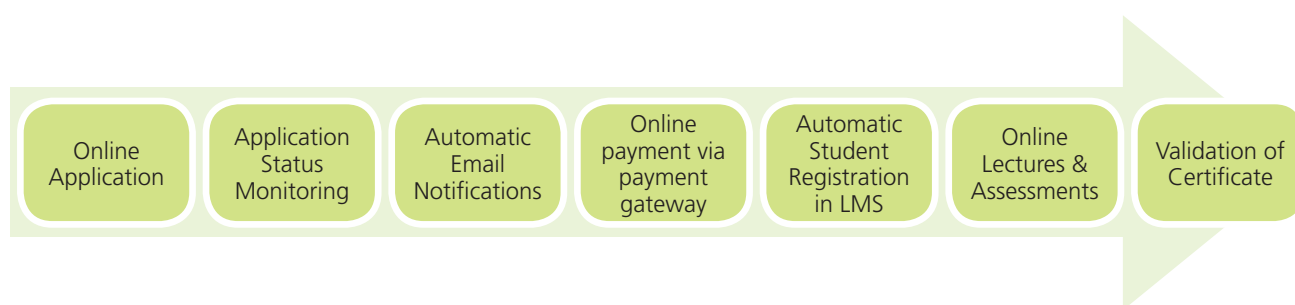
Other eLearning Programs offered by PHFI

S.No	Name of the Program	Duration	Offered at
1.	ePost Graduate Program in Public Health Nutrition	1 year	IIPH-Delhi
2.	ePost Graduate Program in Epidemiology	1 year	IIPH-Delhi
3.	ePost Graduate Program in Management of Reproductive & Child Health programs	1 year	IIPH-Delhi
4.	ePost Graduate Program in Public Health & Hospital Management for Nursing & Allied Health Professionals	1 year	IIPH-Gandhinagar
5.	ePost Graduate Program in Public Health Services Management	1 year	IIPH-Bhubaneswar
6.	ePost Graduate Program in Health Economics, Health Care Financing and Policy	1 year	IIPH-Delhi
7.	ePost Graduate Program in Health Promotion	1 year	PHFI
8.	eCourse in Research Methodology	6 months	IIPH-Gandhinagar
9.	eCourse in STI & HIV/AIDS	6 months	IIPH-Delhi
10.	eCourse in Monitoring & Evaluation of Health Programs	6 months	IIPH-Delhi
11.	eCourse in GIS Application in Public Health	6 months	IIPH-Delhi
12.	eCourse in Effective Grant Writing in Public Health	6 months	IIPH-Gandhinagar
13.	eCourse in Public Health Surveillance	6 months	IIPH-Hyderabad
14.	eCourse in Advanced Hospital Management	6 months	IIPH-Gandhinagar
15.	eCourse in Clinical Research Methods	4 months	IIPH-Delhi
16.	eCourse on Tobacco Control	3 months	PHFI
17.	eCourse in Health, Safety & Environment Management	3 months	IIPH-Gandhinagar
18.	eCourse in Research Ethics	3 months	IIPH-Delhi
19.	eCourse in Public Health Disability and Research	3 months	IIPH-Hyderabad

Unique Features of PHFI Centre for eLearning

- State of the art Learning Management System
- Enriching virtual classroom experience
- Competency driven curriculum
- Wide range of programs in key areas of public health practice
- Multidisciplinary faculty
- Self-paced learning
- Collaboratively developed programs with national and international organizations

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On-Campus Programs Offered by PHFI

Name of the Program	Duration	Offered at
PhD in Public Health	Min. 3 years	Indian Institute of Public Health-Gandhinagar
Integrated MSc & PhD in Clinical Research	2 years for MSc and min. 3 years for PhD	Indian Institute of Public Health-Delhi
Integrated MSc & PhD in Health Informatics	2 years for MSc and min. 3 years for PhD	Indian Institute of Public Health-Hyderabad
Master of Public Health (MPH)	2 years	Indian Institute of Public Health-Delhi Indian Institute of Public Health-Gandhinagar Indian Institute of Public Health-Hyderabad Indian Institute of Public Health-Shillong Indian Institute of Public Health-Bhubaneswar (proposed)
Master of Hospital Administration (MHA)	2 years	Indian Institute of Public Health-Gandhinagar
Post Graduate Diploma in Public Health Management (PGDPHM)	1 year	Indian Institute of Public Health-Delhi Indian Institute of Public Health-Gandhinagar Indian Institute of Public Health-Hyderabad Indian Institute of Public Health-Bhubaneswar
Certificate Course in Community Health (CCCH)	6 months	Indian Institute of Public Health-Gandhinagar
Certificate Course on Geriatric Health Caregiving (CCGHC)	4 months	Indian Institute of Public Health-Gandhinagar
Associate Fellow of Industrial Health (AFIH)	3 months	Indian Institute of Public Health-Gandhinagar
Certificate Course in Public Health Management (CCPHM)	3 months	Indian Institute of Public Health-Bhubaneswar

For more information on course please contact:

Program Officer (eLearning)

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Public Health Foundation of India

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For more information & online application, please visit: <https://cdl.phfi.org>

Website: www.phfi.org